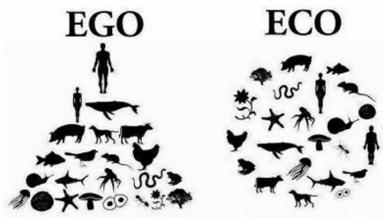


# WELCOME



At One Heart Wild, across species; friends are made, hearts are healed, and confidence and self expression are empowered through our connection to each other.



We are All Connected...What we do to one, we do to all...  
Let's do Good Together!

#### Trans-species psychology & Humane Education informed programs:

- ~ Equine Experiential Learning & Leadership
- ~ Equine Experiential Psychotherapy
- ~ RedRover Readers - *Animals & Empathy Program*
- ~ Human - Non-human Animal Bond Education & Consultation
- ~ Sustainability Education & Activities
- ~ Making Friends @ One Heart Wild Public Events
- ~ Volunteer & Internship programs



#### Who We Are...What We Do

##### Meet some of our Sanctuary Residents

From left to right (top to bottom) above:

**Arrya**, her siblings and mom were found in a ditch with a deceased adult dog. The babies didn't have their eyes open and due to their parasite load, their future was bleak. Thankfully mom and puppies were rescued and we were blessed to adopt Arrya. She is 8 months old and she just participated in her first session with a visitor to One Heart Wild needing some support for dealing with big life change - death of a parent and a difficult career change.

**Our horses**, many of them adopted and rescued from abuse, neglect, and human caused trauma, are fantastic with clients who come to find a path to healing their own abuse, neglect, and life trauma. Social anxiety is rampant and devastating to our youth (and adults), these three young ladies participated in a teen group and let the horses work their magic; bringing joy and challenges that created opportunities for knowing and trusting themselves more. They taught us so much about the hardships our youth face. We are humbled by their courage and grateful to provide a place for new insight to grow through a connection with nature and our non-human friends.

**Clara** is almost two years old. She was living in a small space with too many hens with new young hens putting even more pressure on an already stressful, over-crowded environment. She also experienced toddlers who "played" with the hens, some young chicks barely survived that rough handling (we rescued one of those hens, Ruby). Clara lived by the rules of her human household and squatted to be picked up whenever she was expected to do so. Even though she was a really good girl, she found herself "at-risk" because she began laying an occasional soft shelled egg. Clara has blossomed at One Heart Wild. She hasn't laid one soft shelled egg. She has a magnetic personality and is kind and social with humans and she is finding her confidence with our adopted flock. She is a favorite ice breaker for one of our young autistic clients. He starts and finishes his equine sessions with Clara and the hens. Just like for humans, chronic stress disrupts healthy mental, emotional, and physical function. Clara and her friend Ruby are thriving in their new sanctuary life and helping humans to do the same.

Arrya, the horses, and the hens have a story of tough beginnings and frightening and stressful experiences with humans. At One Heart Wild they are healing and trusting that they can express their unique personalities right along side the humans who come to work with, heal with, learn from and care for them.

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